INFORMATION SHEET 3/14/17 TRUSTEES' MEETING

To: Board of Trustees

From: Sarah Steen

Re: Family Life Education Curriculum Activity

Background:

In January 2016, California adopted new legislation covering comprehensive sexual health education and HIV prevention education in public schools. The law, called the California Healthy Youth Act - Education Codes 51930-51939 (Assembly Bill 329), attempts to standardize and update sex education in the state. Jefferson School District Staff and Parents have reviewed the programs available and the board approved the recommendation to adopt the Teen Talk Middle School Curriculum.

Teen Talk Middle School includes 14 lessons, taught over 10 hours, typically across two weeks. Teen Talk was developed for use in California schools and was designed to be inclusive of diverse racial, ethnic, religious, and sexual identities, for mixed-gender classrooms. All activities are available in English and Spanish. http://www.health-connected.org/#!our-curricula/czks

Teachers have been trained to deliver the curriculum. Tonight I will present three options for delivering instruction on two of the FDA approved methods that reduce the risk of contracting HIV or other STIs and pregnancy. With your approval, we will move forward on planning the district parent preview night and the pacing of the curriculum in the classroom.

Three options available for instruction:

1. Present the male and female condoms with the other FDA approved methods that reduce the risk of contracting HIV or other STIs and pregnancy. Students record facts on a handout "Birth Control Grid"
2. Teachers will demonstrate the proper steps to using the condoms. This demonstration includes a male condom and a penile model and then a female insertive condom and a pelvic model.
3. Students complete *Activity 5.8 Condom Demonstration* and Activity *5.9 Insertive Condom Demonstration* in the class.

Recommendation: Approve the manner in which the male and female condoms will be taught to students using the Teen Talk Middle School Curriculum.

California Healthy Youth Act

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CA Healthy Youth Act
Education Code: Sections 51930 - 51939

- Signed October 1, 2015
- In effect as of January 1, 2016
- HIV education → comprehensive sexuality education
- Most comprehensive in U.S.

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Required: 7th, 8th > 1 time in middle school
9th-12th > 1 time in high school

Instruction in ALL grades (K-12)

- Age appropriate
- Factual info shall be medically accurate
- Appropriate for: all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities and English learners
- Instruction/materials shall be made available for English learners
- Not reflect or promote bias

Section 51933 3

Instruction in ALL grades

- Affirmatively recognize people have different orientation – include examples
- Teach about gender, gender expression, gender identity and harm of negative stereotypes
- Encourage communication with parents/guardians/ trusted adults
- Healthy relationships
- Decision making, negotiation and refusal skills
- Shall not teach or promote religious doctrine

Section 51933 4

Content
(at least once in grades 7/8 and at least once in grades 9-12)

- The nature of HIV and other sexually transmitted infections (STIs) and effect on the human body
- The manner in which HIV and other STIs are and are not transmitted
- Abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs

Section 51934

Content
(at least once in grades 7/8 and at least once in grades 9-12) ____

- Information on the effectiveness of all FDA-approved methods that prevent or reduce the risk of contracting HIV or other STIs (including HIV-PrEP/PEP and HPV vaccine)
- Effectiveness of decreasing needle use and needle sharing
- Treatment of HIV and other STIs, including how anti-retroviral therapy can prolong life and reduce risk of transmission
- Societal views on HIV and AIDS

Section 51934

Content
(at least once in grades 7/8 and at least once in grades 9-12)

- Information about local resources, how to access local resources, and pupils' legal rights to access local resources for:
  - Confidential services
  - Sexual and reproductive health
  - Testing and medical care for HIV and other STIs
  - Pregnancy prevention and care
  - Assistance with sexual assault and intimate partner violence.
- Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.

Section 51934

Content
(at least once in grades 7/8 and at least once in grades 9-12)

- Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to, all of the following:
  - Parenting, adoption, and abortion
  - Information on the law on surrendering physical custody of a minor child
  - The importance of prenatal care
- Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and sex trafficking

Section 51934

Outside Consultants

- District may contract with outside consultants or guest speakers to deliver comprehensive sexual health education and HIV prevention education or to provide training for district personnel.
- Outside consultants and guest speakers shall have expertise and knowledge of most recent information.

Section 51936

Parent Notification

- Parent/guardian has the right to excuse their pupil from all or part of comprehensive sexual health education and related assessments through a passive consent (opt-out). District shall not require active consent (opt-in).
- Notified at the beginning of the year or at least 2 weeks before instruction begins

Section 51938